

*the*KEY

Number 236

July 2023

50p

Website: www.bromleyparishchurch.org



News of Saint Peter and Saint Paul

BROMLEY PARISH CHURCH

Church Road Bromley BR2 OEG

"Proclaiming the Word and Work of God"

Member of Churches Together in Central Bromley



Vicar

Reverend James Harratt

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Parish Office Hours: 9:30am to 12 noon

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For contributions to the Key, or if you would like to receive the Key by email, please contact thekeyeditor@gmail.com

Dear Reader,

Hello and welcome to the July edition of the Key!

There was a lot happening last month and so here are some updates on how it all went—including the Footsteps Marafun, Samantha's swim across the Channel and the St Albans parade.

There are many events still to come over the next few months, so look out for those too!

Hope you are enjoying the sunshine.

Lisa

Ed Tree's daughter, Samantha, led a relay swim across the English Channel overnight Saturday, 18th June. They raised at least £14,391 for the charity, Cancer Research. This is a report from one of her teammates.

This is an incredible feat for anyone, but Sam, in particular, swimming the English Channel while on chemotherapy. We think she's the first person to ever do this – A fighter, a true warrior, an inspiration to anyone going through cancer or treatment. Her courage, determination, bravery and strength is un-



The relay team

believable. We achieved this nearly a year to the day that her husband, Mark died from cancer. I am thrilled and honoured to have been on her relay team.

We received a call at 6 pm Saturday 18th June confirming the swim that evening and met our 2-man boat crew and the Channel Swim Association official (He checks times, changeovers etc. to make it official) 10.39 pm we left Dover Beach to start this epic swim journey. I was so anxious, overwhelmed and emotional at the mammoth task ahead of us and didn't want to let anyone down. The first swims were at night, I had tears rolling down my face before I even got in the water. I cannot explain how terrifying it is to jump off a boat into the pitch-black ocean, an abyss, freezing cold (no wetsuits allowed) with rain, thunder and lightning surrounding you.

Competing with the elements - the ocean, complete darkness, wind, rain, lightning, tides and waves. The weather & water conditions constantly changed. For most of it, we had wind, rain, challenging tides and waves crashing over us. I can only explain it as swimming in a washing machine cycle, up, down, over and round: it was disorienting and discombobulating trying to make progress. Another challenge was trying not to swallow the saltwater,

the wind and waves pushing it towards us constantly. The taste and smell of oil in the shipping lane was horrible - never wanting to swim too far from the support boat, trusting the pilot to avoid the massive tankers / ferries and their big wave surges in the busiest shipping lane.

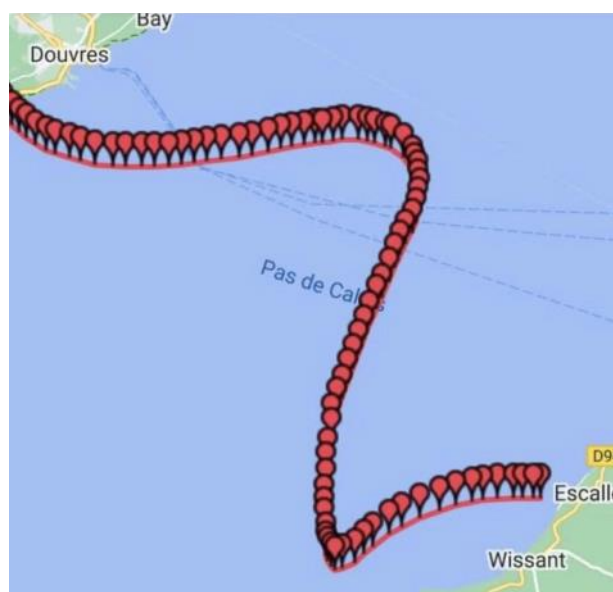
Fatigue and exhaustion from sleep deprivation was challenging. Words cannot explain how tiring it is swimming through the night, it's near impossible to sleep on the boat, going up and down with the waves, trying to eat, refuel, support your team, encourage those swimming and make hot drinks! It is cramped too, so not much space to lie down either!

The cold - It was freezing in the water, so cold with no wetsuit for protection. It took me nearly 2 hours to stop shivering and warm up from one swim. I had thermals, fleeces, was in a sleeping bag & dry robes covering me and I was still cold! The thought of getting back into the water and swimming again and again until we reached Calais was terrible, yet we all managed it 3 or 4 times for an hour at a time on our rotation.

The seasickness both on the boat and while swimming due to the motion of the waves was awful! I couldn't eat properly, as felt so seasick and didn't want to throw anything up again! I survived on small mouthfuls of marmite sandwiches and Toblerone! Which is not nearly enough energy to swim with, but we did what we had to.

Jellyfish - We all got stung by jellyfish, on our faces, arms and legs. They hurt and can leave uncomfortable red tentacle marks. We desperately tried to avoid them but when it's pitch black you can't see them and even in daylight sometimes there were so many you couldn't avoid them. Sam has since found out she is allergic to Jellyfish but continued to swim through them. She had to go to A&E about her stings and the nurse was flabbergasted at Sam's achievement and just said 'Wow, Just who are you?'

Cramps, pains, chaffing and aching arms were part of the process. The mental strength and determination somehow kicked in for all of us, and we got



The route followed

through them. You think of anything you can to take your mind off it! One breath at a time and continue to swim into the abyss! (Ben was thinking of different breeds of cats!)

The boat is basic, and the crew on Masterpiece were professional and experienced, but we were open to the elements when waiting to swim. The crew put up a tarpaulin to protect us from the torrential rain to try and keep us and our kit dry in between swims.



Samantha on the boat

Finally, when France was in our sights, it lifted our spirits, the sun made an appearance, the sea calmed, which made such a difference to our last swims. We saw dolphins and seals, and not sure how but our sense of humour never failed! We are now Official Channel Swimmers, 15 hours and 10 minutes - We swam 27 miles due to the tides, waves, wind and currents! We are all exhausted, fatigued, tired, covered in jellyfish stings, aching, and finally warm!

What makes this a special team is we are just average people who supported Sam & Cancer Research. I have never had any ambition to swim the Channel, but Sam asked me 5 weeks before the actual date, as one of their original team was injured, and how could I say no when I know her story. I had to acclimatize to the freezing temperatures of the seawater and get my swim fitness up fast! Sam accomplished this whilst battling cancer, and on chemotherapy. It is a phenomenal achievement.

We have all experienced the tragic effects of cancer. I've had friends, friends' children and family pass away from it. Thank you for ALL your sponsorship, support, encouragement and comments from friends, old friends, some I haven't seen for years, friends of friends who have heard Sam's story and anonymous donations.

Feel free to share and sponsor us by visiting <https://tinyurl.com/bdeaxxp7>

Free Family Friendly Concert

8th July 2023 11:30

Bromley Parish Church, St Peter and St Paul, Church Road,
BR2 0EG Saturday Morning Concert

Tanuki's Gold

A folk tale from Japan presented with classical Songs
performed by

Kate Howden (Mezzo Soprano)

Sachika Taniyama Errington (Piano)

Programme includes works by Mahler, Schubert,
Barber, Schumann, Vaughan Williams and more.

Free Admission with
charity collection.
45mins Family Concert
(Suggested age 7+)



Bromley Brighter Beginnings is a local charity which supports local families in financial hardship. They provide essential items for babies, children and expectant mums. A collection will be made for the charity after the concert.

Saturday Morning Concert 8th July at 11.30am

The Saturday morning concert this month features mezzo soprano Kate Howden and pianist Sachika Taniyama Errington in a performance of Tanuki's Gold. This is a folk tale from Japan presented with classical Songs. The programme includes works by Mahler, Schubert, Barber, Schumann and Vaughan Williams.

Admission to the concert is free, is family friendly, and is particularly suitable for children of 7+. There will be a retiring collection, the proceeds of which will be given to Bromley Brighter Beginnings. This is a charity which supports local families in financial hardship. They provide essential items for babies, children and expectant mums.

The concert begins at 11.30am and refreshments are served from 10.30am. Hope to see you there.

The Church Choir singing at Rochester Cathedral

The choir will be singing the services at Rochester Cathedral on Sunday 16th July. The times of the services are:

Matins 9.30am

Eucharist 10.30am

Evensong 3.15pm

It would be really good to see members of the church congregation there to support us.

14th July Phocus of Sinope – the brave gardener

Many of us are gardeners, but not many of us are buried in our gardens.

Phocus was a fourth century Christian gardener who ran a little guest house in Sinope, on the Black Sea (now part of modern Turkey). He used the produce from his garden to welcome and feed any visitors who came by, as well as giving anything left over to the poor.

In a time of persecution, the governor of the district sent soldiers to kill him because of his Christianity. But when the soldiers arrived at Phocus's guest house, they did not recognise him. Phocus politely fed them and invited them to stay the night, during which he crept out into his garden to dig his own grave and prepare for death. In the morning, Phocus divulged his true identity, rather to the dismay of the soldiers, who did not want to kill this kindly man. But Phocus assured them that he considered martyrdom the highest honour, and humbly bent his head to their swords. And so, the soldiers killed him and buried him in the grave he had prepared.

The news of Phocus's martyrdom spread far and wide, drawing many pilgrims to his garden. His calm courage and faith in God were widely admired and in time Phocus became the patron of sailors in the Black Sea, and then the whole Eastern Mediterranean.

Phocus's life echoes that of many Christians today, who go calmly about their daily mundane jobs in lands of persecution, and who do not avoid the call to Christian martyrdom, however it may come to them.



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Rob Hadgiyianni contact details

Tel 01689 253525 Mob. 07957 325452

E mail robhadgiyianni@ovenwizards.com

www.ovenwizards.com

Record number take part in Virtual Kenya Marafun



As the flag drops at 7 o'clock in the morning of 17th June, the Sunshine boys race off to complete their 2023 Virtual Kenya Marafun. 82 former street boys and staff completed a 5km course around the Sunshine street boys' rehabilitation Centre. 319 trainees and staff from the Naivasha Technical Training Institute also took part along with 88 girls and staff from Bishop Wambari Girls' School. Samuel Ngundo and James Keoch, the two fastest men, are both former street boys.

In Bromley, Mary Print sounded the hooter as UK supporters set off for their Marafun. Over 550 took part this year, with participants in England, Wales, Northern Ireland, Spain and USA supporting the runners in Kenya.



Why is the Marafun so important?

It shows the children (and staff) in Kenya that people around the world support them and are standing with them. And it raises vital funds to help us continue our work with Kenya's disadvantaged young people. Thank you EVERYONE who took part and donated.

Please use this space to pass messages on to the Church community – whether it is a prayer request, a thank you, a craft idea, a recipe...

Join Us for a Walk to Rochester (by Ed Tree)

In November 2021, I was joined by Gareth, Mark and my daughter in a sponsored walk from Bromley Parish Church to Rochester Cathedral. We raised money for our partner church in Zimbabwe to use to help their community. At that time, their economy had been devastated by the Covid pandemic. Now there has been a currency crash in Zimbabwe leading to the inflation rate jumping from 87% in April to 176% in May. Food price inflation is even worse. To avoid our donation being eroded by inflation, it will be deposited in a US dollar nominated account and drawn on as needed. In addition to inflation, the people are also facing elections which are usually accompanied by violence. As a result, I am proposing that we repeat the walk, but with a longer lead time so that more people can set a date in their diary to join us on all or part of the walk. We will choose between the following dates based on achieving the most participants. Saturday 12th August, Friday 18th August, Saturday 19th August, Friday 25th August and Saturday 26th August.



Food ready to be distributed to the poor

Please contact me if you have an interest in the walk, giving dates that suit you from those above; there is no need to commit. Including rest stops, I anticipate the walk will take 10 hours. However, there is no requirement to walk the full length if you do not have time to spend the whole day. There are several railway stations near the route so that you have plenty of options.

Please contact me if you have an interest in the walk, giving dates that suit you from those above; there is no need to commit. Including rest stops, I anticipate the walk will take 10 hours. However, there is no requirement to walk the full length if you do not have time to spend the whole day. There are several railway stations near the route so that you have plenty of options.

At 8am, we will walk from the church to Bickley Manor and through Jubilee and Scadbury Parks to emerge near Sevenoaks Way and Homebase, where we turn left to arrive at Chapman's Lane; this is a footpath ending close to Swanley, and take a break at Swanley Park. From here, we follow a country lane to Farningham Road where we can stop for lunch. There is a Co-op store where we can buy drinks etc and also a café. Then it's onwards via Longfield and Nurstead through an orchard (no scrumping as the apples will have been picked) or to Cobham where there is a small store to buy more supplies. The last stretch takes us through a National Trust property where there are sheep and Highland cattle grazing. (Watch out for the cows without udders!) As I am 80 years old, you can be sure the pace will be moderate.

My contact details are ed_tree@hotmail.com or 07860 100 201

We will be resuming the annual summer trip to Broadstairs this year on Saturday 15th July. There will be a minibus running from the church to the beach in the morning and back in the evening, seats available on a first come first served basis. It is a short walk from the station to the beach for those who want to make their own way by train. We usually meet on the beach at 11.00am. Bring your own picnic. There is a café on the beach and plenty of places to eat in the town. Please watch the pew sheet for further details and put the date in your diary. It is a good day out and fun for all ages. Further information from Donya - mattanddonya@virginmedia.com



St Peter and St Paul, Bromley Patronal Festival

Sunday 2nd July 2023



10.30am Parish Eucharist

followed by

bbq in the church grounds



All are welcome to join the celebrations

Let us know of any dietary requirements.

Vegan and gluten free options will be available.

Some photos are below from the pilgrimage that took place last month to St Albans:



| Transform
| Trade —

JOIN US for

Big Brew 2023

- ✓ Enjoy a lovely cuppa (or two!)
- ✓ Eat some delicious cake
- ✓ Make a difference in the fight for justice in trade

Sunday 10th September 2023

Bromley Parish Church

following the 10.30am service

So everybody benefits.

www.transform-trade.org/big-brew

Registered charity No. 1048752



The story behind a cup of tea...



Lutfa Begum, who farms with her husband Bablu, has recently told us the impact growing tea on their own land has had on their lives.

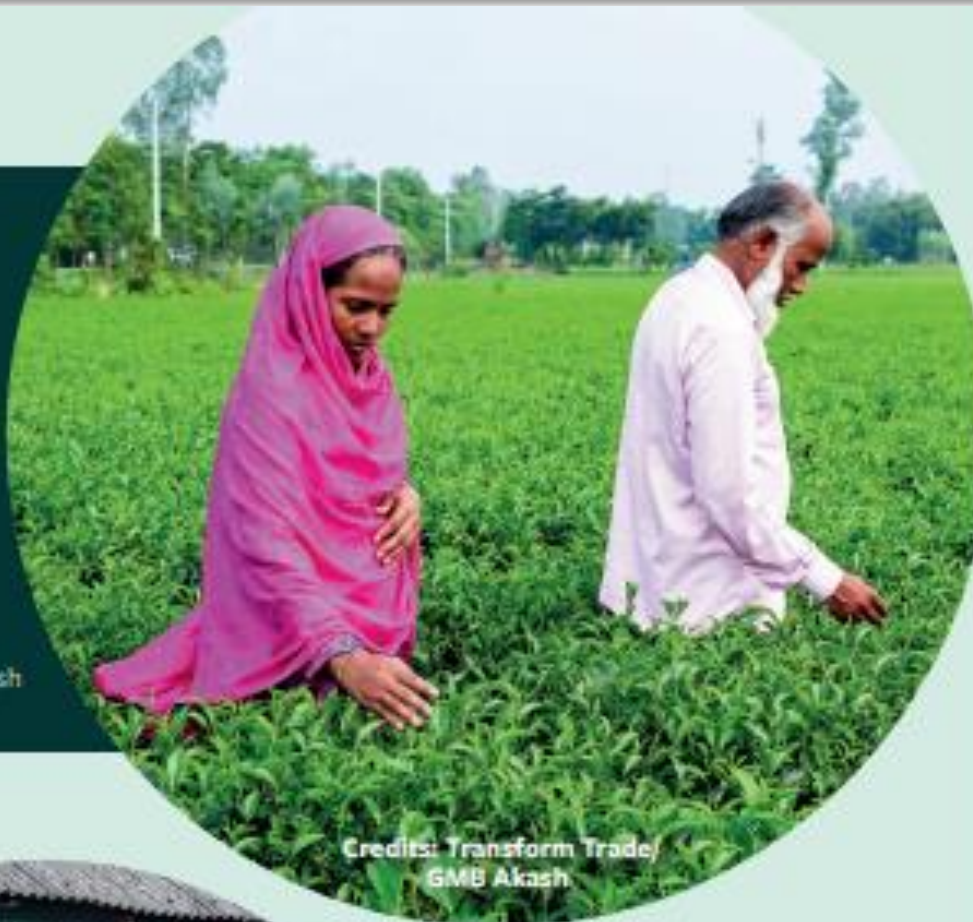
Despite drinking more than 100 million cups of tea a day in the UK, the origins of this nationally beloved drink often go unnoticed. Tea-growing, historically and often still today, involves the exploitation of extremely low-paid seasonal workers.

But the tea trade doesn't have to be this way – it can be an opportunity for people to increase their income.

"Before 2018 my husband was a day labourer and I was a housewife. So earlier our monthly income was not more than 5000 takas. Now we are able to earn about 15 to 20 thousand taka per month from this tea garden. We both work in our tea garden now."

"Within two years of joining this project, I have built a new house, bought an auto bike, paid for my children's education."

Lutfu, farmer, Bangladesh



Credits: Transform Trade/
GMB Akash



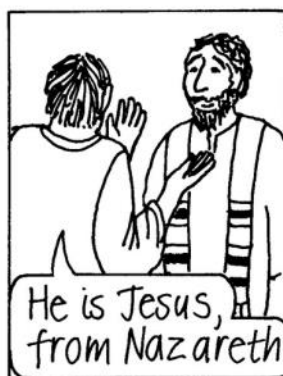
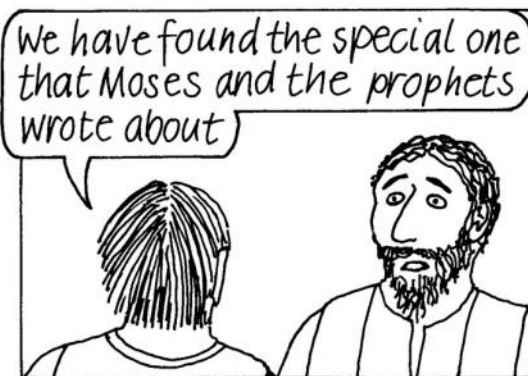
"After working for a whole month, I feel very happy when I get the fair price for my hard work. I feel happy when I see my children studying and getting educated. I feel very happy when scarcity does not affect our life and my family."

Bible Bite

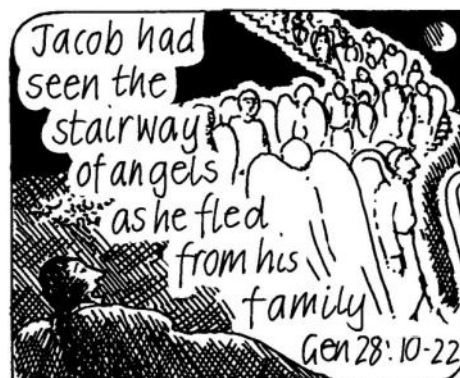
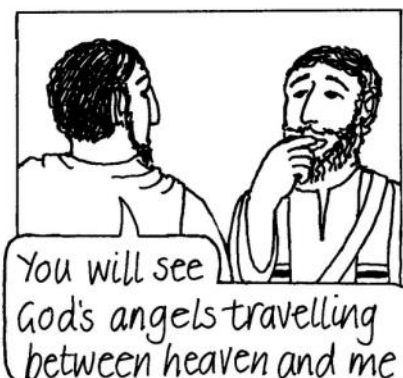
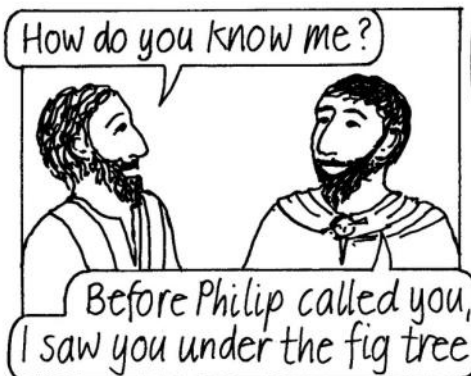
A short story from the Bible

It can be read in the Bible in
John chapter 1 verses 35-51

After Jesus had called Peter and
Andrew to be his disciples, he went
to find their friend Philip...



Background: the ancestor of the Israelites was Jacob, whose name meant 'Grasper' or 'Cheat', and who cheated his father and brother. God gave him a new start and a new name - Israel - 'Prince of God'. Gen 25, 27, 32



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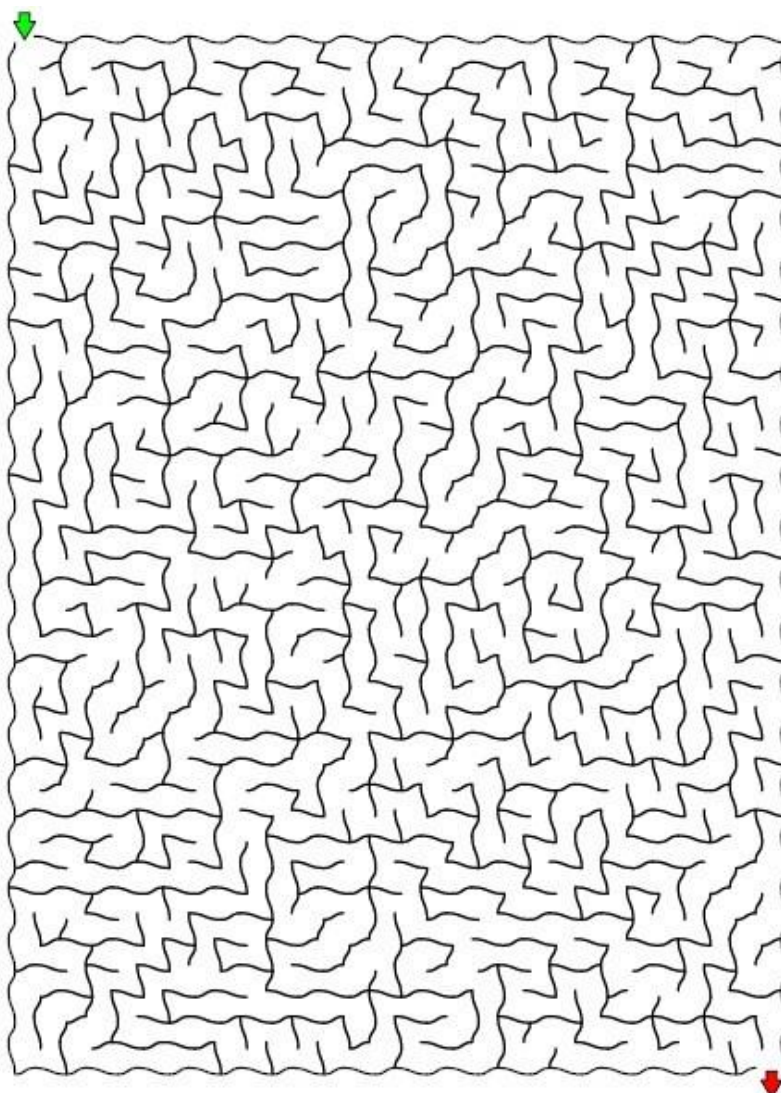
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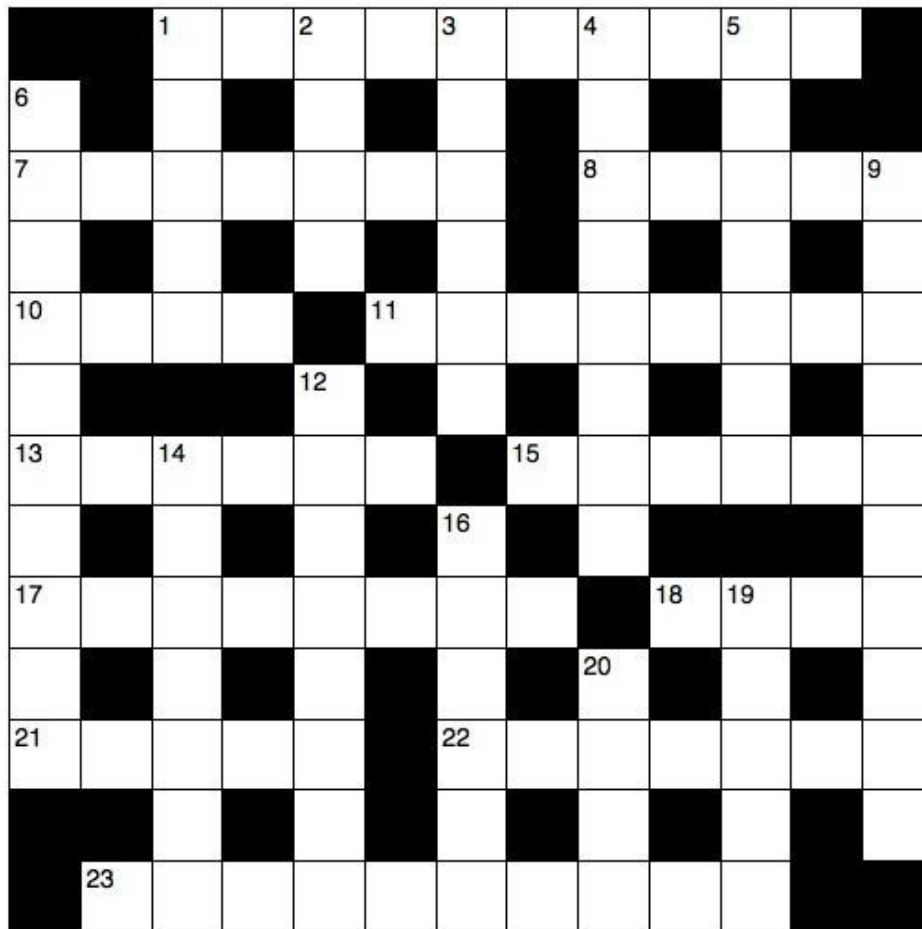
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Sudoku:

Insert numbers 1-9 in every row, column and 3x3 box.




Answers:

ACROSS: 1, Sabbatical. 7, Opinion. 8, Laing. 10, Olga. 11, Galilean. 13, Sardis. 15, Severe. 17, Adultery. 18, Flea. 21, Swazi. 22, Acetate. 23, Revelation.

DOWN: 1, Sling. 2, Brim. 3, Annual. 4, Iltimed. 5, Abilene. 6, Colossians. 9, Gennesaret. 12, Diatribe. 14, Roulade. 16, Errata. 19, Learn. 20, Levi.

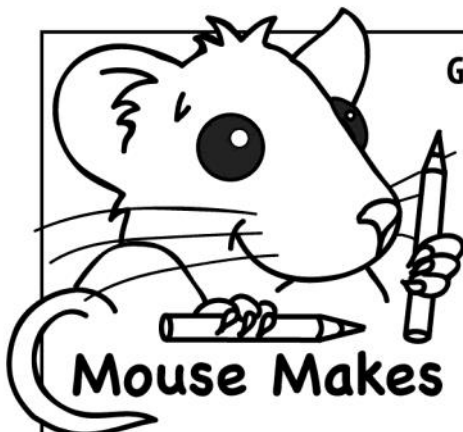
Across

- 1 Relating to the Jewish day of rest (10)
 7 Point of view (Matthew 22:17) (7)
 8 20th-century Brethren philanthropist whose construction company became one of the UK's biggest, Sir John — (5)
 10 Girl's name (4)
 11 Peter was accused of being one in the courtyard of the high priest's house (Luke 22:59) (8)
 13 The fifth of the 'seven churches' (Revelation 3:1–6) (6)
 15 'Now the famine was — in Samaria' (1 Kings 18:2) (6)
 17 Banned by the seventh Commandment (Exodus 20:14) (8)
 18 Insect most closely associated with itching (1 Samuel 24:14) (4)
 21 Bantu tribe which gives its name to tiny landlocked country in southern Africa (5)
 22 Familiar material in churches that use

- an overhead projector (7)
 23 Last book of the Bible (10)

Down

- 1 The young David's favourite weapon (1 Samuel 17:40) (5)
 2 'Your vats will — over with new wine' (Proverbs 3:10) (4)
 3 Once yearly (Exodus 30:10) (6)
 4 Milled it (anag.) (3-5)
 5 Region north of Damascus of which Lysanias was tetrarch (Luke 3:1) (7)
 6 Comes between Philipians and 1 Thessalonians (10)
 9 Lake where the first disciples were called (Luke 5:1–11) (10)
 12 Abusive outburst (8)
 14 Are loud (anag.) (7)
 16 Printing errors (6)
 19 'Take my yoke upon you and — from me' (Matthew 11:29) (5)
 20 Jacob's third son (Genesis 29:34) (4)



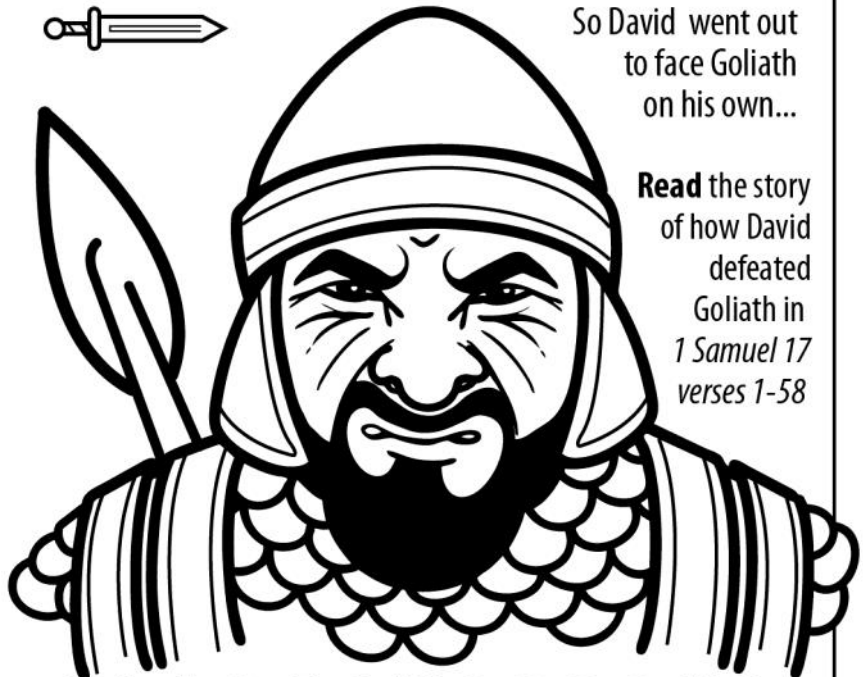
Goliath, the champion of the Philistine army, taunted the Israelites.

"Choose a man to fight with me and if he kills me then we will be your servants!"

The Israelites were afraid, but **David**, a shepherd boy who had come to bring food to his brothers on the battlefield said:

*"The **Lord** who delivered me from the lion and bear will deliver me from the hand of this Philistine."*

So David went out to face Goliath on his own...



Read the story of how David defeated Goliath in *1 Samuel 17 verses 1-58*

Where did Goliath come from?



_____ *1 Samuel 17:4*

How tall was Goliath?



_____ cubits. *1 Samuel 17:4*

What was Goliath's armour made of?

_____ *1 Samuel 17:5,6*

What weapons did Goliath carry?



a J A V E L I N,
a _____
and a _____ *1 Samuel 17:45*

How many stones did David take from the stream?



_____ *1 Samuel 17:40*



Where did David's stone hit Goliath? On his _____

_____ *1 Samuel 17:49*

I	L	A	D	E	S	W	O	R	D	B	K	L
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ISRAEL • SAUL • DAVID • LORD • GOD • PHILISTINES • BATTLE • CAMP
CHAMPION • GOLIATH • HELMET • ARMOUR • JAVELIN • SHIELD • FIGHT • BEAR
LION • SHEPHERD • STAFF • STONES • BAG • SLING • STRUCK • HIT • FELL • GROUND

The tale of the Tower Builder



JESUS OFTEN TOLD STORIES WITH HIDDEN MEANINGS



ON ONE OCCASION JESUS EXPLAINED HOW IT WOULDN'T ALWAYS BE EASY TO FOLLOW HIM.



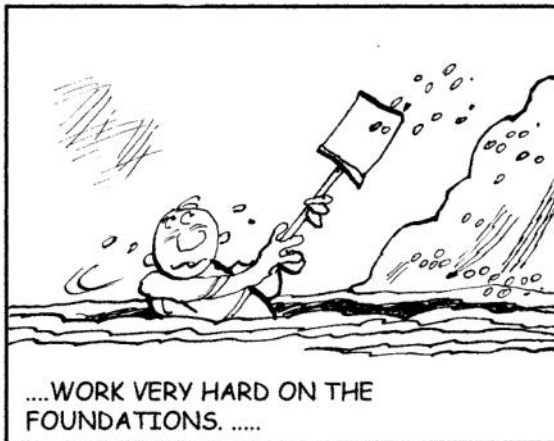
JESUS BEGAN, 'IF ONE OF YOU PLANS TO BUILD A TOWER....'

...YOU'LL FIRST NEED TO WORK HOW MUCH IT WILL COST.



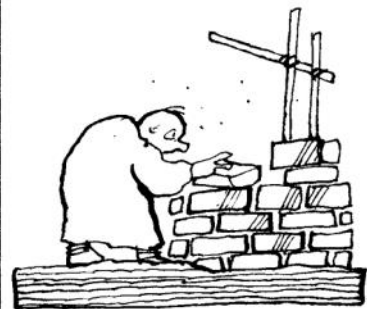
IF YOU DON'T DO THE SUMS....

...YOU MIGHT MAKE A START,

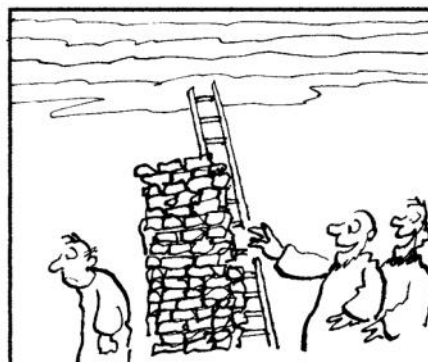


....WORK VERY HARD ON THE FOUNDATIONS.

...THEN START TO LAY THE BRICKS,....



...BUT SUDDENLY RUN OUT OF MONEY!!



THEN PEOPLE WILL LAUGH AT YOU!



WE NEED TO REALISE THAT ALTHOUGH FOLLOWING JESUS IS THE RIGHT THING TO DO, IT'S ALSO A GREAT CHALLENGE.

**JusB**

A brighter future for young people in Bromley
JusB Ltd 51 College Road Bromley Kent BR1 3PU
020 8464 2722 www.jusb.co.uk

Project Manager
Ned McWhirter
ned@jusb.co.uk

28 June 2023

Dear Supporters

WE DID IT!!

A big thank you, we reached, we even exceeded, our target of £75,000. This is a great achievement and one we could not have done without your fantastic support.

On behalf of everyone from JusB, I want to say thank you. Reaching this target was not easy and was only achievable with Your generosity and support, which has taken us beyond our target ensuring that JusB will continue to work with young people in Bromley.

JusB has worked with young people in Bromley for twenty years, and as other youth provisions in the area close or reduce their services, it is vital that our doors remain open and provide services to those young people.

The immediate future of JusB is secured, but as we all know, long-term funding for the voluntary sector is difficult, so we will be working with our fundraiser to try and secure those multi-year bids crucial to any organisation's future.

Your support has been vital over the years and we hope we can continue on your much-needed support as we go forward.

I have been the Project Manager of JusB for over 15 years, and have taken the charity through some difficult times, and a number of those have been financial challenges.

As the next chapter of JusB is secured I have decided that now is the time for me to move on from JusB. This has not been an easy decision but it's one I feel is the right decision, and time, for me and JusB. I will leave the last week of July. I have had very many good memories working here and I will be sad to leave but I wish all involved with the running of JusB, and of course, the young people we serve, a very long and prosperous future.

Best wishes

Ned McWhirter
Project Manager

JusB Prayer Points, July 2023

Please hold the following in your prayers this month.

WE DID it! Give thanks and praise for a very successful Save JusB campaign. With your prayers and support, we have exceeded our target and will continue to support the young people of Bromley.

Please continue to pray for future funding and ensure that we can get enough funding bids in to secure our financial future.

As we go forward we are now putting details to our summer programme. Pray that we will provide activities that keep our young people active and safe during the summer holidays.

I have been the project manager for over 15 years at JusB. I have decided that now is a good time to move on. I am thankful for all the good times I have had serving the young people and will have very happy memories.

Please pray for all the JusB team. It has been a difficult period recently and now the element of uncertainty remains with my parting; they will value your prayers at this time.

www.jusb.co.uk

A prayer for July

Loving Father,

July brings long days and summer pleasures, for many, but not for all. Lord, we pray for those who are finding life to be a struggle; for families with no hope of a holiday this year; for parents who don't know how they will feed their children during the upcoming long school break; for those who are lonely, or discouraged, or isolated, or afraid.

Lord, we pray for justice and compassion from those in positions of power and responsibility.

And please Lord, show *us* how to help, how to be part of the solution. May we, as your children, reflect your loving kindness wherever we can. May your Kingdom come on earth, through us.

In Jesus' name.

Amen

By Daphne Kitching

Storms of Life

The boat was tossed from side to side
Buffeted by the wind and rain,
Alarm and panic filled their hearts
Would they ever reach the shore again?

The sky was dark and looking out
They thought they saw a ghost appear,
Transfixed with horror, what could it be
Treading on water and drawing near?

Their hearts were stilled as hope arose
As they heard the voice of the One they knew,
'Do not be afraid, this storm will pass'
And the sea grew calm and the wind withdrew.

When storms of life assail our boat
And our hearts are filled with dread and fear,
Remember the One who treads the waves,
He sees our plight – He's drawing near.

By Megan Carter

Come reign in me

Oh God, who made the world so fair,
And formed the earth, the sky, the sea;
Who gave us ears, and eyes, and minds,
To hear, to see, to know all love is thee.

Oh God, who in the Lord Jesus,
Gave us a light to light our way;
Let our life's lamp be lit by Him
Whose strength will see us safely through each day.

Oh God, whose Spirit gave us birth,
And holds all life secure, e'en mine;
Take all I am, and all I have,
Bless and redeem them for they both are Thine.

Oh God the Father, God the Son,
And God the Spirit, Three in One;
Blessed be Thy name, come reign in me,
And in me let Thy will be done.

By Sam Doubtfire

Confidence in God

Alone with none but Thee, my God,
I journey on my way.
What need I fear, when Thou art near
O King of night and day?
More safe I am within Thy hand
Than if a host did round me stand.

By St Columba

Saturday 1

10am -12noon Starter Pack donations morning

Sunday 2

Patronal Festival

8.30am Holy Communion (CW)

10.30am Parish Eucharist followed by BBQ + family fun

Tuesday 4

11.00am Toddler Praise

6.00pm Junior choir practice

7.30pm Bell ringing practice

Wednesday 5

12noon Midweek service

12.30pm -2.00pm Church open for private prayer

12.30pm Lychgate Lunch

Thursday 6

7.30pm Choir practice

Saturday 8

11.30am Saturday Morning recital

~Refreshments from 11.00am

Sunday 9

Fifth Sunday after Trinity

9.00am Breakfast Church

10.30am Parish Eucharist

1.00pm Baptism Kaetonna Okoli

6.30pm Choral Evensong

Monday 10

8.00pm Eco Committee meeting

Tuesday 11

11.00am Toddler Praise

6.00pm Junior choir practice

7.30pm Bell ringing practice

Wednesday 12

12noon Midweek Service

12.30 -2.00pm Church open for private prayer

Thursday 13

2.15pm Fellowship

7.30pm Choir practice

Friday 14

7.30pm Spinnaker Quiz Night

Saturday 15

BPC trip to Broadstairs meet on the beach at 11am

Sunday 16

Sixth Sunday after Trinity

8.30am Holy Communion (CW)

10.30am All age Worship with Communion

Choir singing services at Rochester cathedral:

Matins 9.30am; Eucharist

10.30am; Evensong 3.30pm

Monday 17

7.30pm Ministry Team meeting

Tuesday 18

11.00am Toddler Praise

6.00pm Junior choir practice

7.30pm Bell ringing practice

Wednesday 19

12noon Midweek service

12.30-2.00pm Church open for private prayer

8.00pm PCC meeting

Thursday 20

7.30pm Choir practice

Friday 21

7.00pm Quarter peal

Sunday 23

Seventh Sunday after Trinity

9.00am Breakfast Church

10.30am Parish Eucharist

Tuesday 25

No Toddler Praise

No junior choir practice

7.30pm Bell ringing practice

Wednesday 26

12noon Midweek service

12.30pm – 2.00pm Church open
for private prayer

Thursday 27

2.15pm Fellowship

7.30pm choir practice

Sunday 30 July

Eighth Sunday after Trinity

8.30am Holy Communion (CW)

10.30am Parish Eucharist

Morning Prayer is said daily at 8.00am in the Children's Chapel, everyone is welcome.

The Children's Chapel is open daily for prayer and **Church is open for private prayer on Wednesdays** between 12.30pm and 2pm, consecrated bread is available for those who wish to receive

To join Sunday worship online please visit our website
www.bromleyparishchurch.org and follow the link on our homepage.

Updates to services and events are posted on our website
www.bromleyparishchurch.org