



PARISH EUCHARIST
IN LENT

Welcome to Ss. Peter and Paul, Bromley

The words printed in **bold** are usually said or sung by all. Please stand or sit during the service as you feel comfortable. If you are unsure about what to do or where to be during the service, please ask someone.

Children – are very welcome in this church. We have an area at the back of the church with toys and different ways to help our younger worshippers engage with the service. Feel free to use these at any time.

Hearing loop – our hearing loop works most effectively in the main body of the church. Please select the ‘T’ position.

Toilets – can be found through the doors at the back of the church.

Refreshments – after the service, we often share refreshments together. You are warmly invited to have a drink and a chat - but if you'd rather slip away, that's OK too.

A prayer before coming to the eucharist:

We do not presume
to come to this your table, merciful Lord, trusting in our own
righteousness,
but in your manifold and great mercies.
We are not worthy
so much as to gather up the crumbs under your table.
But you are the same Lord
whose nature is always to have mercy.
Grant us therefore, gracious Lord,
so to eat the flesh of your dear Son Jesus Christ and to drink his
blood,
that our sinful bodies may be made clean by his body and our souls
washed through his most precious blood, and that we may evermore
dwell in him, and he in us. Amen.

Lent may originally have followed Epiphany, just as Jesus' sojourn in the wilderness followed immediately on his baptism, but it soon became firmly attached to Easter, as the principal occasion for baptism and for the reconciliation of those who had been excluded from the Church's fellowship for apostasy or serious faults. This history explains the characteristic notes of Lent – self-examination, penitence, self-denial, study, and preparation for Easter, to which almsgiving has traditionally been added.

Now is the healing time decreed, for sins of heart and word and deed, when we in humble fear record the wrong that we have done the Lord.

(Latin, before 12th century)

As the candidates for baptism were instructed in Christian faith, and as penitents prepared themselves, through fasting and penance, to be readmitted to communion, the whole Christian community was invited to join them in the process of study and repentance, the extension of which over forty days would remind them of the forty days that Jesus spent in the wilderness, being tested by Satan.

As Holy Week approaches, the atmosphere of the season darkens; the readings begin to anticipate the story of Christ's suffering and death, and the reading of the Passion Narrative gave to the Fifth Sunday its name of Passion Sunday. There are many devotional exercises which may be used in Lent and Holy Week outside the set liturgy. The Stations of the Cross, made popular in the West by the Franciscans after they were granted custody of the Christian sites in the Holy Land, are the best known.

THE GATHERING

*Everyone is welcomed, and invited to stand for the **First Hymn***

In the name of the Father, and of the Son, and of the Holy Spirit.

All **Amen.**

The Greeting

All The Lord be with you
and also with you.

Prayer of Preparation

All **Almighty God,**
to whom all hearts are open, all
desires known,
and from whom no secrets are hidden:
cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit, that
we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord.
Amen.

Prayers of Penitence

This or another introduction is said

The sacrifice of God is a broken spirit;
a broken and contrite heart God will not despise.

Let us come to the Lord, who is full of compassion,
and acknowledge our transgressions in penitence and faith.

Wash me thoroughly from my wickedness
and cleanse me from my sin:

Lord, have mercy.

Lord, have mercy.

Make me a clean heart, O God,
and renew a right spirit within me:

Christ, have mercy.

Christ, have mercy.

Cast me not away from your presence
and take not your holy spirit from me:

Lord, have mercy.

Lord, have mercy.

We listen as the Choir Sing the Kyrie Eleison

God, the Father of mercies,
has reconciled the world to himself
through the death and resurrection of his Son, Jesus
Christ, not counting our trespasses against us,
but sending his Holy Spirit
to shed abroad his love among us.
By the ministry of reconciliation
entrusted by Christ to his Church,
receive his pardon and peace
to stand before him in his strength alone,
this day and evermore.

All **Amen.**

The Collect

After a period of silent prayer, the prayer for the day is said.

THE LITURGY OF THE WORD

Bible Readings

At the end of each the reader may say

This is the word of the Lord.

All **Thanks be to God.**

As we are able, we stand for a **Hymn**

Gospel Reading

The Gospel is processed into the centre of the church, please turn to face it.

Praise to you, O Christ, King of eternal glory.
The Lord is a great God, O that today you would listen to
his voice. Harden not your hearts.

cf Psalm 95.3,8

All Praise to you, O Christ, King of eternal glory.

Hear the Gospel of our Lord Jesus Christ according to *N*
All Glory to you, O Lord.

The Gospel is read, at the end the reader says :

This is the Gospel of the Lord.

All Praise to you, O Christ.

Sermon

The Creed

**All We believe in one God, the Father, the Almighty,
maker of heaven and earth, of all that is, seen and
unseen.**

**We believe in one Lord, Jesus Christ, the only Son
of God, eternally begotten of the Father,**

God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made.

For us and for our salvation, he came down from heaven, was incarnate from the Holy Spirit and the Virgin Mary and was made man.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshipped and glorified, who has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come.

Amen.

Prayers of Intercession

We are led in prayer for the world. After each intercession we may respond

Lord, in your mercy,
All **hear our prayer.**

And at the end, we may say

Merciful Father,
**All accept these prayers
for the sake of your Son,
our Saviour Jesus Christ. Amen.**

THE LITURGY OF THE SACRAMENT

The Peace

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, who has given us access to his grace.

Romans 5.1,2

**All The peace of the Lord be always with you
and also with you.**

Let us offer one another a sign of peace.

We exchange a sign of peace with one another.

*We remain standing for a **Hymn***

Preparation of the Table

Once the table is prepared, the following prayer is said.

God of wisdom,
may the light of your eternal Word,
our Lord and Saviour Jesus Christ,
lead us in holiness and guide us to glory;
we ask this in his name.

All Amen.

Eucharistic Prayer C

The Lord is here.
All **His Spirit is with us.**

Lift up your hearts.
All **We lift them to the Lord.**

Let us give thanks to the Lord our God.
All **It is right to give thanks and praise.**

It is indeed right,
it is our duty and our joy,
at all times and in all places
to give you thanks and praise,
holy Father, heavenly King,
almighty and eternal God,
through Jesus Christ our Lord.

And now we give you thanks
because you give us the spirit of discipline,
that we may triumph over evil and grow in grace,
as we prepare to celebrate the paschal mystery
with mind and heart renewed.

Therefore with angels and archangels,
and with all the company of heaven,
we proclaim your great and glorious name,
for ever praising you and *singing*:

All **Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

All glory be to you, our heavenly Father,
who, in your tender mercy,
gave your only Son our Saviour Jesus Christ
to suffer death upon the cross for our redemption;
who made there by his one oblation of himself once
offered a full, perfect and sufficient sacrifice, oblation and
satisfaction for the sins of the whole world;
he instituted, and in his holy gospel commanded us to
continue, a perpetual memory of his precious death until
he comes again.

Hear us, merciful Father, we humbly pray,
and grant that, by the power of your Holy Spirit,
we receiving these gifts of your creation, this bread and
this wine, according to your Son our Saviour Jesus Christ's
holy institution, in remembrance of his death and passion,
may be partakers of his most blessed body and blood;

who, in the same night that he was betrayed,
took bread and gave you thanks;
he broke it and gave it to his disciples, saying:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

In the same way, after supper
he took the cup and gave you thanks;
he gave it to them, saying:
Drink this, all of you; this is my blood of the new
covenant, which is shed for you and for many for the
forgiveness of sins. Do this, as often as you drink it, in
remembrance of me.

Jesus Christ is Lord:

All **Lord, by your cross and resurrection
you have set us free.
You are the Saviour of the world.**

Therefore, Lord and heavenly Father,
in remembrance of the precious death and passion,
the mighty resurrection and glorious ascension
of your dear Son Jesus Christ,
we offer you through him this our sacrifice of praise and
thanksgiving.

Grant that by his merits and death,
and through faith in his blood,
we and all your Church may receive forgiveness of our
sins

and all other benefits of his passion.

Although we are unworthy, through our manifold sins,
to offer you any sacrifice,

yet we pray that you will accept this
the duty and service that we owe.

Do not weigh our merits, but pardon our offences,
and fill us all who share in this holy communion
with your grace and heavenly blessing;

through Jesus Christ our Lord,
by whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory be yours, almighty Father,
for ever and ever.

All **Amen.**

The Lord's Prayer

As our Saviour taught us, so we pray

All **Our Father in heaven,
hallowed be your name;
your kingdom come; your will be done;
on earth as it is in heaven.
Give us today our daily bread.
Forgive us our sins,
as we forgive those who sin against us.
Lead us not into temptation;
but deliver us from evil.
For the kingdom, the power and
the glory are yours, now and
forever.
Amen.**

Breaking of the Bread

We break this bread to share in the body of Christ.

All **Though we are many, we are one body,
because we all share in one bread.**

Agnus Dei

All **Lamb of God, you take away the sin of the world,
have mercy on us.**

**Lamb of God, you take away the sin of the world,
have mercy on us.**

**Lamb of God, you take away the sin of the world,
grant us peace.**

Giving of Communion

Jesus is the Lamb of God
who takes away the sin of the world.
Blessed are those who are called to his supper.

**All Lord, I am not worthy to receive you,
but only say the word, and I shall be healed.**

(or)

God's holy gifts
for God's holy people.

**All Jesus Christ is holy, Jesus Christ is Lord, to
the glory of God the Father.**

*All are invited to come to the altar to receive Holy Communion.
Gluten free wafers and non-alcoholic communion wine are available,
just ask at the rail. If you would prefer a blessing, come forward with
your hands by your side. During the distribution of Holy Communion
hymns or anthems are usually sung.*

Prayer after Communion

The post communion prayer is said, followed by

**All Almighty God,
we thank you for feeding us
with the body and blood of your Son Jesus Christ.
Through him we offer you our souls and bodies to
be a living sacrifice.
Send us out in the power of your Spirit to live and
work to your praise and glory. Amen.**

(or)

All **Father of all,**
we give you thanks and praise, that
when we were still far off
you met us in your Son and brought us home.
Dying and living, he declared your love,
gave us grace, and opened the gate of glory.
May we who share Christ's body live his risen life;
we who drink his cup bring life to others;
we whom the Spirit lights give light to the world.
Keep us firm in the hope you have set before us, so
we and all your children shall be free,
and the whole earth live to praise your name;
through Christ our Lord. Amen.

Notices for the week are given

*We stand for a **Hymn***

The Blessing

This or another suitable blessing is used

Christ give you grace to grow in holiness,
to deny yourselves, take up your cross, and follow him;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

All **Amen.**

Go in peace to love and serve the Lord.

All **In the name of Christ. Amen.**

FOR THUS SAID THE LORD GOD, THE HOLY ONE
OF ISRAEL: IN RETURNING AND REST YOU SHALL BE
SAVED; IN QUIETNESS AND IN TRUST SHALL BE
YOUR STRENGTH.

ISAIAH 30.15

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