

Thanks to Phil Townsend for sharing this wonderful prayer with us:

SLOW ME DOWN, LORD

Slow me down Lord! Ease the pounding of my heart by the quieting of my mind. Steady my hurried pace with a vision of the eternal reach of time. Give me, amidst the confusion of my day, the calmness of the everlasting hills. Allow me to know the magical, restoring power of sleep. Teach me the art of taking one-minute vacations - of slowing down to look at a flower, to chat with a friend, to pat a dog, to read a few lines from a good book. Let me look up into the branches of the towering oak and know that it grew great and strong because it grew slowly and well.

Slow me down Lord, and inspire me to send my roots deep into the soil of life's enduring values that I may grow towards the stars of my greater destiny.

Who Was Jesus?

There were 3 good arguments that Jesus could have been Black:

1. He called everyone 'brother'.
2. He liked Gospel.
3. He couldn't get a fair trial.

But then there were 3 equally good arguments that Jesus was Jewish:

1. He went into His Fathers business.
2. He lived at home until he was 33.
3. He was sure his Mother was a virgin and his mother was sure he was God.

But then there were 3 equally good arguments that Jesus could have been Italian:

1. He talked with his hands.
2. He had wine with every meal.
3. He used olive oil.

But then there were 3 equally good arguments that Jesus could have been a Californian:

1. He never cut his hair.
2. He walked around barefoot all the time.
3. He started a new religion.

But then there were 3 equally good arguments that Jesus could have been Irish:

1. He never got married.
2. He was always telling stories.
3. He loved green pastures.

But the most compelling evidence of all – 3 proofs that Jesus could have been a woman:

1. He fed a crowd at a moment's notice when there was no food.
2. He kept trying to get a message across to a bunch of men who just didn't get it.
3. And even when he was dead, He had to get up because there was more work to do.