

Make a bird nut ball

You will need:-

1. equal quantities of melted fat and breadcrumbs
2. nuts, seeds and dried fruit
3. string
4. dried apricots
5. peanuts in their shells

Mix together the melted fat and the breadcrumbs, and stir in half of the nuts, seeds and dried fruit. As the mixture starts to solidify, shape it into a ball around a length of string and place it in the refrigerator to harden.

Place the remainder of the fruit, seeds and nuts on a piece of newspaper and roll the hardened ball around on it until it is completely covered with the mixture.

Make a loop from the string that protrudes from one side of the ball and thread apricots and peanuts in their shells onto the string on the other side of the ball.

Hang the bird treat from your bird table or the branch of a tree.

From *Country Traditions* by Stephanie Donaldson (Southwater, £8.95 ISBN 1842151789)



The Tree Council's National Tree Week: 23 November – 4 December

National Tree Week is the Tree Council's festival to mark the start of the tree planting season, and a nationwide celebration of trees and woods. Across the country there will be lots of opportunities to plant trees, or to take part in events, walks, talks, songs, story-telling and tree dressing.

Is there something missing from your patch - not enough trees or even no trees at all? To mark the 30th anniversary of National Tree Week, The Tree Council is inviting everyone to help make trees matter by planting and celebrating trees in National Tree Week.

Further details: <http://www.treecouncil.org.uk>

Date: Thursday 24th Saturday 26th & Sunday 27th November, 9.00am – 3.00pm

Organiser: Bearsted Woodland Trust **Location:** Bearsted Woodland Trust, Bearsted

Join the Bearsted Woodland Trust during Tree Week to plant woodland and standard trees to continue to develop this open space in Bearsted for the community. All welcome to lend a hand. Planting between 9am and 3pm. Contact: Peter Willson 01622 632 682

Date: Saturday 26th November

Organiser: New Southgate Millennium Green

Location: New Southgate Millennium Green

Details: Annual Event. Transplanting wild oaks and ash, moving other trees. Planting donated sweet chestnuts and birch into our charity-owned public green space.

See: www.airvine.8m.com

Contact: Andrew Irvine 0208 368 2356