

Garvin's Gourmet Guide to Unlikely Eating Places No 5 of 6

- Name:** 'Sally's Place'
- Place:** Ethelbert Road, within sight of one of the entrances to the Glades.
- Open:** Monday -Thursday from 10am - 3pm.
Friday & Saturday open 10am -12.30 pm
- Details:** Staffed by volunteers. A wide variety of inexpensive, delicious toasted sandwiches and light snacks are available. Presented well, with all the trimmings and waiter service too!
- Adjoining facilities include a Salvation Army charity shop and Pastoral / counselling Services, available on request.
- My Choice:** I met Tom Cownty in the Café and he thoroughly enjoyed two rounds of delicious looking toasted cheese & ham sandwiches, with salad trimmings. I chose a simple cup of tea with a toasted teacake & butter (£1), also a Mars bar (50p). It was an excellent snack.

My 5 Star award is for:

A delightful, high standard café with excellent food, not to be missed!
Uplifting, bright and clean with that rare personal touch.

Graces for all occasions

This is the sixth in a series on different graces. Please contribute any graces that you especially like. They can be handed to me in Church, left in the pigeonhole in the office, e-mailed or telephoned (details on back page).

Low-fat grace

God bless this food superfluous
And may it put no fat on us.

Our hands we fold.
Our heads we bow.
For food and drink
We thank God now.
Amen